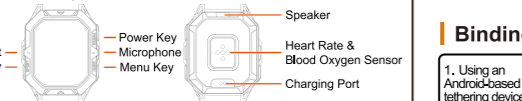## Watch Introduction

Full-screen touch: Slide down to enter the status settings bar, slide up to view notifications, slide left to enter the main function interface, slide right to enter the split-screen menu; long press the screen to enter the dial switch;
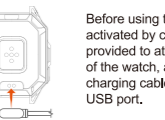
POWER key: Short press→Wake up screen/pause screen
Long press→Power on/off

MENU key: Short press→Wake up the screen/enter the menu/return to
Long press→Voice Assistant

SPORT key: Short press→to wake up the screen/enter sports mode
Long press→Timer

FitCloudPro

USER MANUAL
SMART WATCH

Air vent
Sports Key

Power Key
Microphone
Menu Key

Speaker
Heart Rate &
Blood Oxygen Sensor
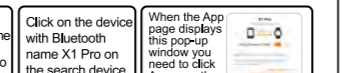Charging Port

Charging guidelines

Before using the watch for the first time, it can be activated by charging, using the magnetic charger provided to attach to the metal contacts on the back of the watch, and connecting the other end of the charging cable to a 5V1A USB charger or computer USB port.
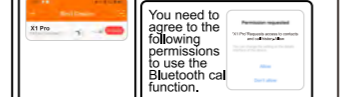
App-Download

1. Download and install it via the Google Play Store

2. Download and install it via the AppStore
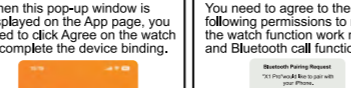
3. Download and install by scanning QR code.

Binding device

1. Using an Android-based cell phone tethering device, the Open the FitCloudPro app go to the Devices page and click Bind Device

Click on the device with Bluetooth name X1 Pro on the search device page to bind it
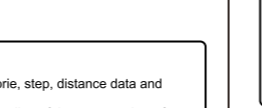
When the App page displays this pop-up window you need to click Agree on the watch to complete the binding of the device

You need to agree to the following permissions to use the Bluetooth call function.

2. Using the iOS system cellular tethering device, the Binding a device using your iOS system phoneOpen the FitCloudPro appGo to the device page and click Bind Device

When this pop-up window is displayed on the App page, you need to click Agree on the watch to complete the device binding.
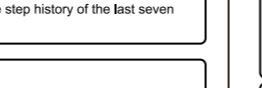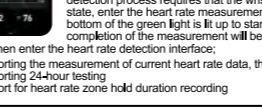
Click the device with Bluetooth name X1 Pro on the search device page to bind.

You need to agree to the following permissions to make the watch function work normally and Bluetooth call function.

Audio setup

Open the watch Bluetooth call function and play mobile media audio function.
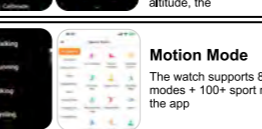
Function Introduction

Daily data
Supports daily calorie, step, distance data and goal recording
Supporting the recording of the total number of steps in 24 hours and the number of steps walked in each period of time
support to view the step history of the last seven days

Sleep
Supports daily recording of light and deep sleep support to view the sleep history of the last seven days

Heart rate monitoring
Before heart rate monitoring, first confirm that the watch is correctly worn to the wrist (the best position is one finger width above the wrist bone), heart rate detection requires wearing tight to avoid light leakage can not be effectively detected, and then enter the heart rate detection interface, the detection process requires that the wrist to maintain a static state, enter the heart rate measurement interface, the bottom of the green light is lit up to start measurement, the completion of the measurement will be the vibration reminder, and then enter the heart rate detection interface;
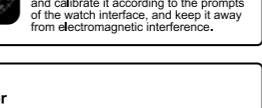Supporting the measurement of current heart rate data, the Supporting 24-hour testing
Support for heart rate zone hold duration recording

Barometric altitude
Supporting the measurement of the current ambient air pressure, the Supporting the recording of 24-hour barometric pressure, the Supporting the measurement of current altitude, the
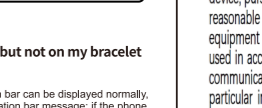
Motion Mode
The watch supports 8 built-in sport modes + 100+ sport modes pushed by the app

Compass

The electronic compass isModern timeslt is an important navigational tool that can be used in a variety of applications;
Before use, please wear it on your wrist and calibrate it according to the prompts of the watch interface, and keep it away from electromagnetic interference.

Weather

When the watch is connected to the App, this weather interface will display the real-time weather temperature and weather type
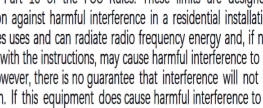Supporting the viewing of the day's weather data, the

Music control

After the watch is connected to the APP, it can control the pause and start of the music player of the cell phone, adjust the volume and switch the songs,
When your cell phone is playing music, you can use the watch player or cell phone for play/pause, previous song, and next song.

Other features

Bluetooth call, frequently used contacts, call logs, voice assistant, exercise logs, women's health, blood pressure monitoring, breathing training, stopwatch, timer, alarm clock, message push, calendar, resting screen display, blood oxygen detection, etc.

FAQ

1. Why is there a notification on my phone but not on my bracelet when I push a message?
Android:
1. Confirm whether the message in the phone notification bar can be displayed normally, the device message push is by reading the phone notification bar message; if the phone notification bar is no message, the device can not receive the push, (You need to find the notification and status bar in the cell phone settings, open the phone, SMS, etc.),
2. Open the APP, enter the APP device bar - click the message reminder - turn on the switch button corresponding to the app you want to receive the message push;
3. The device is always connected to the Bluetooth of the cell phone,
APP must be in the background in the running state, Bluetooth will not be automatically disconnected, but the Android phone system memory management will be forced to turn off the APP, we need to manually turn off the cell phone system's power-saving mode or add the APP to the system management of the green background, APP will not be forced to close, The following is a list of the most popular apps on the market
iOS:
In the "Settings"-"Bluetooth" page of your iPhone, please check whether there is a blue "!" behind the line of the bound bracelet, if there is no "!", please check whether there is a blue "!" behind the line of the bound bracelet, if there is no "!", please re-bind the bracelet, If there is no "!", please re-bind the bracelet, when binding, a pairing request box will pop up, please click "Pairing", Please make sure that you have allowed the sharing of system notifications when you connect to the app for the first time,
When the above settings are not a problem, try to re-switch the phone Bluetooth to see if the message can be pushed normally

FCC Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-- Reorient or relocate the receiving antenna.
-- Increase the separation between the equipment and receiver.
-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-- Consult the dealer or an experienced radio/TV technician for help
This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions (1)this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.